



APPROVED 10-14-03
KING COUNTY MENTAL HEALTH ADVISORY BOARD

REGULAR MEETING

TUESDAY, SEPTEMBER 9, 2003

EXCHANGE BUILDING, CONFERENCE ROOM 6A

Members Present: Shauna Cheney, Jack Fuller, Howard Miller, Helen Nilon, Jim Nobles, Eleanor Owen, Ron Sterling, Gwendolyn Williams

Members Absent: Mindy Meyring (unexcused), Freda Monroe (unexcused), Debra Roszkowski (unexcused), Clifford Thurston (on leave of absence)

Guests Present: Joan Clement (KCASAAB), Joshua Freed (board applicant), Albert Gallego (board applicant), Michael Haan (board applicant), Melody Cecilia James (board applicant), Lillian Meier (potential applicant), Pam Pratt (board applicant),

Staff Present:, Jo Moore, Dave Murphy, Rhoda Naguit, Jean Robertson

I. WELCOME & INTRODUCTION

Board Chair Howard Miller convened the meeting at 4:40 p.m. and asked everyone to introduce her/himself.

II. MINUTES

The minutes of the July 8, 2003 meeting and the August 12, 2003 meeting were approved unanimously as submitted.

III. CHAIRPERSON'S REPORT

A. Presentation of Joshua Freed

Howard Miller officially presented Joshua Freed to the group and asked him to introduce himself and to state his interest in joining the board. Joshua presented himself as a father of three. His wife has recently given birth to their third child. Councilmember Kathy Lambert referred him to Mental Health Advisory Board. Joshua has a Masters of Arts in Counseling and a Bachelor of Arts in Business Administration. He is currently working as a Marriage, Family and Adolescent Counselor for Encourage Counseling, where he also serves as President. He is interested in improving the state of affairs in King County through his involvement on the board.

The board will vote on Joshua's appointment at next month's meeting.

B. Request for Leave of Absence

Howard read a letter from Clifford Thurston requesting a six-month leave of absence due to increasing commitments at the state and national level as the Washington State Coordinator to the National Institute of Mental Health in Washington, DC, and the Clubhouse Expansion Project.

C. Report on Executive Sims' Human Services Budget Discussion

Howard and Ron Sterling attended King County Executive Ron Sims' budget discussion on human services last August 14th.

At the meeting, Ron Sims talked about a proposal to charge rent to Solid Waste Division (SWD) for the use of the county's land in Maple Valley. Under the proposal, SWD would pay rent to King County at \$7 million annually for a period of 25 years. This revenue will be dedicated solely to support community health, housing and human services. This proposal is subject to King County Council approval as part of the 2004 budget process. Sims is planning to convene a human services advisory task force, composed of community and business leaders with diverse backgrounds and experience, and consumers of services. The advisory task force will analyze the funding mechanism and service delivery, and recommend practical steps for stabilizing the future of human services in King County.

D. Mental Health All Stakeholders Planning Meeting

Howard gave a report on Mental Health All Stakeholders Planning Meeting held on August 13th at the Sea-Tac Holiday Inn. The State Department of Social and Health Services sponsored this meeting. Howard shared some highlights of the meeting.

E. Board of Health

Howard and Jean Robertson met with Maggie Moran of King County-Seattle Public Health Department and administrator of King County Board of Health. Also present was Carolyn Edmonds, King County Councilmember and Board of Health Chair. One of the items for discussion was future presentation of mental health and crisis service issues by King County Mental Health, Chemical Abuse and Dependency Services Division before the King County Board of Health. The board of Health hopes to work collaboratively with the division, providing an opportunity to identify areas of duplication in services and promote partnership in addressing common needs such as homelessness.

Eleanor recommended assigning a Board Liaison to the King County Board of Health.

F. Discussion on Keith Hoeller's Article in Seattle Post-Intelligencer

The board exchanged points of views on a guest editorial by Keith Hoeller published in the August 29th issue of Post-Intelligence. Hoeller is a parttime professor at Green River College. It was noted that his group is civil rights minded. It appears that Hoeller is not against all forms of treatment but favors alternative treatment without medication. He is adverse to forced treatment and believes in environmental factors. Shauna mentioned an article that addresses the biological aspect of mental health problems, which was published the same time Hoeller's editorial was released.

IV. CRIMINAL JUSTICE INITIATIVES PRESENTATION

Dave Murphy, Criminal Justice (CJ) Initiatives Program Coordinator, did a powerpoint presentation of the program. King County Council has dedicated resources to the program beginning in 2003 for \$2.2 million to reduce involvement in CJ system while preserving public safety and to curtail the need to build a third jail for adult detainees. He stated that the Criminal Justice Continuum of Care Initiatives Project in King County is intended to provide a coordinated, efficient and effective continuum of treatment services for persons who are significantly impaired by substance abuse, mental illness or both and are involved repeatedly or for a significant duration in the criminal justice system. The initiative project is intended to reduce their rate of re-offense and jail time.

Other highlights of his presentation include the following:

- Co-occurring Disorders: Community Psychiatric Clinic and Seattle Mental Health will jointly provide integrated mental health and chemical dependency treatment for eligible adult offender-clients referred from Seattle Municipal Mental Health Court, King County District Mental Health Court, or King County Drug Diversion Court (therapeutic courts).
- Criminal Justice Liaisons: Three full-time CJ liaison positions will be contracted with Seattle Mental Health. These liaisons will work with the King County Jail (Seattle and Kent facilities) and the King County Community Corrections Division to engage, refer, and link individuals sentenced to these facilities to post-release treatment and support services.
- The Assessment Process and Tool Development: The Division has hired Lucia Meijer, former Administrator of North Rehabilitation Facility, to coordinate the assessment process of offenders in the jail with possible mental illness and/or chemical dependency treatment needs. This is intended to increase the number of eligible offenders that could be placed in appropriate treatment with ancillary services in the community.

- Assistance in Applying for Publicly Funded Services: An ADATSA Case Monitor and Title XIX Application Worker will be hired to assist potentially eligible offender clients in applying for publicly-funded treatment services while in the jail. This is intended to increase the number of eligible offender-clients to access publicly-funded treatment services in the community following their release from custody.
- Voucher Services: Currently, Therapeutic Health Services has a contract to provide methadone dosing to opiate dependent inmates in King County Jail. The Jail Health is applying for state a certification to be a direct provider of this service. Other vouchers services include (1) Methadone Voucher, which was initially offered to those who were on needle exchange waiting list, then adding offenders who are being released from the jail. Recipients of this voucher will be eligible to receive opiate substitution treatment for a period up to 9 months. There are 160 vouchers that will be made available to eligible clients; (2) Mental Health Vouchers will be provided to eligible offenders referred from the County District Mental Health Court who are not currently receiving Medicaid benefits but are potentially eligible for Medicaid; (3) Housing Vouchers are intended for therapeutic court clients who are homeless, and are substance abusing and/or mentally ill. Seattle Mental Health manages this program. This program is limited to six months. So far, 59 vouchers have been issued from May through August.
- Criminal Justice and Human Service Systems Cross Training is an important component of this program. It will be provided this Fall through a consultant contract with the Washington Institute of Mental Illness Research and Training.
- Project Outcome Evaluation: A distinct strength of this project is the outcome evaluation component. Dr. Debra Srebnik was hired as the Project Evaluator last July 2003. Her work is to determine the positive impact of the Criminal Justice Continuum of Care Initiatives on lowering re-arrest rates among non-violent mentally ill and/or chemically abusing offenders. She is currently developing a grid and a list of evaluation questions as part of the program eligibility process and to determine contacts for evaluation oversight group. She will be interviewing key contacts regarding program and data issues.

Eleanor would like to know how many people who formerly refused treatment are now being reached by this initiative.

Dave noted that client with a recent violence record would not be eligible for this program. If they are booked in the jail because they are combative, they will not be eligible.

V. COMMITTEE REPORTS

A. Legislative Advocacy & Public Affairs Committee – Eleanor Owen

Unable to attend the last meeting due to her vacation in Italy.

B. Nominations Update – Rhoda Naguit

The Nominations Committee interviewed Melody Cecilia James, a board applicant from District 12, prior to the regular board meeting. She and Michael Haan will be introduced to the board at the October 14th meeting.

C. Quality Council – Ron Sterling

No report at this time.

VI. STAFF REPORT – Jean Robertson

A. Mental Health Voucher

The Mental Health Voucher program will start next week. Seven providers have opted to provide services.

B. Residential Development

A broader presentation of the Expanding Community Services (ECS) project will be conducted at the end of this month. The goal of this new residential program is to have funding flexibility and to create more options/choices for clients. So far, the Division is pleased with the successes of the program and added funding to allow 12 additional Washington State Hospital (WSH) patients to be moved into the community.

C. Medicaid Managed Care Proposed Regulations

Under the Balanced Budget Act (BBA) of 1994, the federal government requires the State to monitor how local RSNs manage and oversee the system. This new federal requirement for a Prepaid Inpatient Health Plan review mandates the use of External Quality Review Organization (EQRO) to conduct these reviews. For now, the Washington Institute for Mental Illness Research and Training (WIMIRT) will implement this review process. WIMIRT will submit their report to the Center for Medicaid and Medicare Services (CMS), which would issue corrective action requirements to the RSN. Jean will update the board on any developments about this issue.

D. Consumer Outcome Project

The State developed a survey tool which includes outcome and clinical feedback information and client satisfaction survey. This was piloted with a group of consumers from 3 RSNs. They currently have 30 items. RSN has already sent their feedback. RSN will implement this survey tool and the State will conduct training this coming December, which will impact the administration and the providers.

VII. LIAISON REPORTS

A. **Freda Monroe: Mental Health Court/Asian Counseling and Referral Service**

Not present to give a report.

B. **Howard Miller: Downtown Emergency Service Center**

DESC Board did meet last month. Howard will be attending their board meeting starting this Fall.

C. **Eleanor Owen: Partnership Group**

Eleanor has no report at this time due to her vacation overseas.

D. **Clifford Thurston: Community House**

Clifford is on a leave of absence.

E. **Mindy Meyring: Community Psychiatric Clinic**

In her absence, Helen Nilon reported that CPC has just opened another branch in Eastside. They held a series of informal community meetings before they moved into the area. Consejo Counseling and Referral Services has also opened another office in Bellevue.

F. **James Nobles: Chronic Populations Action Council**

Jim was out of town at the time of the CPAC meeting. He will attend the next meeting.

G. **Shauna Cheney: Consejo Counseling & Referral Services/Seattle Counseling Service**

Shauna reported that Seattle Counseling Service (SCS) experienced a record number of intakes for the mental health program during the month of August. The

agency added five new interns to their staff at the end of August and lost three who had completed their yearlong internship with SCS. The internship program allows SCS to serve clients who are otherwise uninsured, without either medicaid benefits or other kinds of coverage that support mental health services. An estimated one third of their clients are served under the sliding fee scale by their graduate level interns. The agency has begun to directly serve clients with chemical dependency since the beginning of July as a State certified CD provider. They are currently working to build the client base for the program with an expectation of a 50% increase in number of clients served for the next four months. The agency submitted their proposal for CD services to serve youth and adults with substance abuse issues.

Shauna asked to be excused from attending the next month's board meeting.

H. Debra Roszkowski: Harborview Mental Health Services

Not present to report.

I. Helen Nilon: Seattle Mental Health

The agency is doing well so far.

J Gwendolyn Williams: Therapeutic Health Services

Gwendolyn went to visit THS Administration office. She given a brochure and shared briefly a description of the services provided by THS. Currently, THS has four branches: Shoreline, Rainier, Bellevue, and Seattle. The Shoreline Branch deals with dual diagnosis. Another branch will be opened in Everett. Gwendolyn stated that since she cannot attend their board meetings regularly, she will be provided a copy of their meeting minutes. She said that she would try to attend as many of their meetings as her schedule permits.

VIII. BOARD AND COMMUNITY CONCERNS/NEW BUSINESS

A. NAMI CONVENTION

As of today, 490 have registered for this upcoming convention. Due to the overwhelming response, the organizers of this event had to re-configure the facility space to accommodate the registered participants.

There being no further business, the meeting was adjourned at 6:30 p.m.

Prepared and submitted by:

Rhoda A. Naguit
Recording Secretary

Attested by:

A handwritten signature in black ink, appearing to read "Howard Miller", is written over a light blue rectangular background.

Howard Miller
Board Chair